



AMERICAN BIBLE SOCIETY

GOD'S
WORD
FREES THE
CAPTIVES

BIBLE-BASED
TRAUMA HEALING
PRISON MINISTRY

A vertical photograph of a hand reaching out from the right side towards the center. The hand is positioned over a field of pink flowers. The background is a soft, hazy sunset or sunrise sky. The overall mood is peaceful and hopeful.

*IF THE SON GIVES
YOU FREEDOM,
YOU ARE FREE!*

JOHN 8:36 (CEV)

FROM HURT TO HEALING

TRAPPED



THE CYCLE



FREEDOM

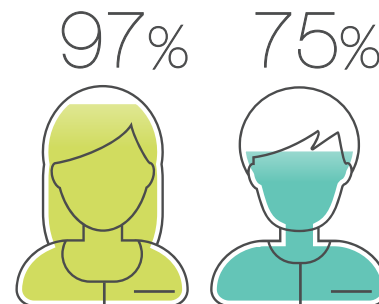


NEW LIFE

Lori had been in and out of prison three times. This was her fourth. When she walked into a trauma healing session at the correctional center, she wanted to think of anything but her pain.

“The scars were so deeply hidden I could not verbally express them. Struck down by the physical abuse of the body, I thought [there] was no cure.”

In fact, 97% of women and 75% of men in U.S. jails and prisons **experienced trauma prior to imprisonment.**



Inmates with a history of trauma are caught in a cycle of pain and incarceration because:

- *Untreated trauma increases the risk of **repeated incarceration***
- *Inmates are often **re-traumatized in prison***

Our Bible-based trauma healing ministry helps inmates discover freedom from the cycle of trauma and incarceration.

Our approach:

- **Leverages** mental health best practices
- **Guides** inmates to the transformative power of God's Word
- **Engages** people with high or low literacy levels

During trauma healing sessions, inmates confront their trauma and find healing through:

- **Safe conversation** in groups, and one-on-one with a trained facilitator
- **The biblical practice of lament**, which teaches inmates how to express their hurt to God
- **Artistic expression** through drawing

When Lori brought her pain to God in her trauma healing group, she experienced a spiritual transformation.

“I talked—I cried, I grieved, got mad. I called on God... and trusted in His power. The soothing oil from Jesus poured over me, as I nailed my pain to the cross.”

Today, Lori longs to help others who are suffering from trauma.

Will you join us in helping inmates like Lori bring their trauma to God?

Contact us about getting involved.



abs.us/trauma



traumahealing@americanbible.org



FOR THE EARTH SHALL BE
FILLED WITH THE KNOWLEDGE
OF THE GLORY OF THE LORD,
AS THE WATERS COVER THE SEA.

HABAKKUK 2:14

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